

# Zomi-English Phrasebook for Travelers

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## Greetings and Basic Phrases

Hello - Na dam em? (Are you well?)

Yes - Ahi

No - Ahi lo

Thank you - Ka lungdam e

Please - Sawm

Sorry - Ka zum e

Goodbye - Ka pai ta

How are you? - Na dam maw?

I am fine - Ka dam e

What is your name? - Na min bang a hiam?

My name is... - Ka min...ahi

## Numbers and Counting

1 - Khat

2 - Nih

3 - Thum

4 - Li

5 - Nga

6 - Guk

7 - Sagih

8 - Giat

9 - Kuo

10 - Sawm

20 - Sawm nih

100 - Za khat

1000 - Tul khat

## Food and Dining

Water - Tui

Rice - Bu

Meat - Sa

Vegetables - An

I am hungry - Ka gil ki a

I am thirsty - Ka tui hal

The food is delicious - An a tui mahmah

Can I have more? - Tam zaw hong pe thei ding hiam?

Check please - Bill hong pe in

## Directions and Travel

Where is...? - ...khai ah a om hiam?

Left - Vei lam

Right - Ziam lam

Straight - Dik in

Near - Naih

Far - Khua

Market - Lei na mun

Hospital - Si na inn

Hotel - Inn lut na mun

How far is it? - A khua sem hiam?

## Cultural Tips

1. Always greet elders first as a sign of respect
2. Remove shoes before entering a Zomi home
3. Accept food or drink offered to you
4. Use both hands when giving or receiving items
5. Ask permission before photographing people
6. Learn a few Zomi words - locals appreciate the effort

The Zomi people are known for their hospitality.

A warm greeting goes a long way!