



AI Health Tools: Evidence-Based Guide 2025

8 Active Platforms | Consumer vs Professional
Verified pricing, features & limitations

- ✓ Research-backed information
- ✓ Direct website links
- ✓ Safety guidelines

Swipe → for detailed analysis



Ada Health:

AI Symptom Assessment

General symptom checking platform

Website: ada.com

Pricing: FREE for consumers

Regulatory: CE medical device certified

DO's

- ✓ Use for preliminary symptom assessment
- ✓ Consult healthcare professionals for serious conditions

DONT's

- ✗ Do not use as a sole diagnostic tool
- ✗ Avoid ignoring professional medical advice



Buoy Health: Care Navigation

Symptom triage & healthcare marketplace

Website: buoyhealth.com

Pricing: FREE core features

Backed by major insurers

DO's	DON'Ts
	
	

K Health: Virtual Primary Care 📱

24/7 medical consultations

Website: khealth.com

Pricing: \$49-147/month verified

Not available: Alaska/Hawaii

DO's

- Use 24/7 service
- Visit khealth.com
- Check monthly cost

DON'Ts

- Forget availability
- Sign up in AK/HI



Skin Cancer Screening

AI-powered skin analysis

Website: skinvision.com

Pricing: Paid assessment packages

Regulatory: CE medical device + FDA cleared

DO's

- ✓ Track suspicious moles or spots
- ✓ Check regularly for changes
- ✓ Monitor your skin health

DON'Ts

- ✗ Ignore new or evolving lesions
- ✗ Rely solely on self-diagnosis
- ✗ Delay seeking professional advice

Glass Health: Clinical Decision Support

AI assistance for healthcare providers

Website: glass.health

Pricing: Freemium model

Target: Healthcare professionals only

DO'S	DON'TS
• Emphasize verified information only	• Rely on unverified content

DxGPT

Rare Disease Support

GPT-4 powered diagnostic assistance

Website: dxgpt.app

Pricing: Freemium with daily limits

Focus: Complex and rare conditions

DO

- Assist with diagnostic processes
- Support clinical decision-making
- Provide differential diagnoses

DON'T

- Serve as a substitute for professional diagnosis
- Override clinical judgement
- Disregard patient privacy

Sensely: Virtual Nursing Platform

- AI avatar for patient engagement
- Website: sensely.com
- Pricing: Enterprise B2B custom
- Compliance: HIPAA certified



DO'S

FOR VIRTUAL CARE

- Conduct proper patient identification
- Ensure data security and privacy

DON'TS

VERIFIED COMPLIANCE ONLY

VERIFIED COMPLIANCE ONLY

- Use unapproved platforms

Biofourmis: Remote Patient Monitoring

Predictive health analytics platform

Website: biofourmis.com

Pricing: \$120+/month (verified)

Regulatory: FDA cleared algorithms

DO's

- ✓ Establish clear goals
- ✓ Communicate regularly

DON'Ts

- ✗ Delay interventions
- ✗ Overwhelm with alerts