



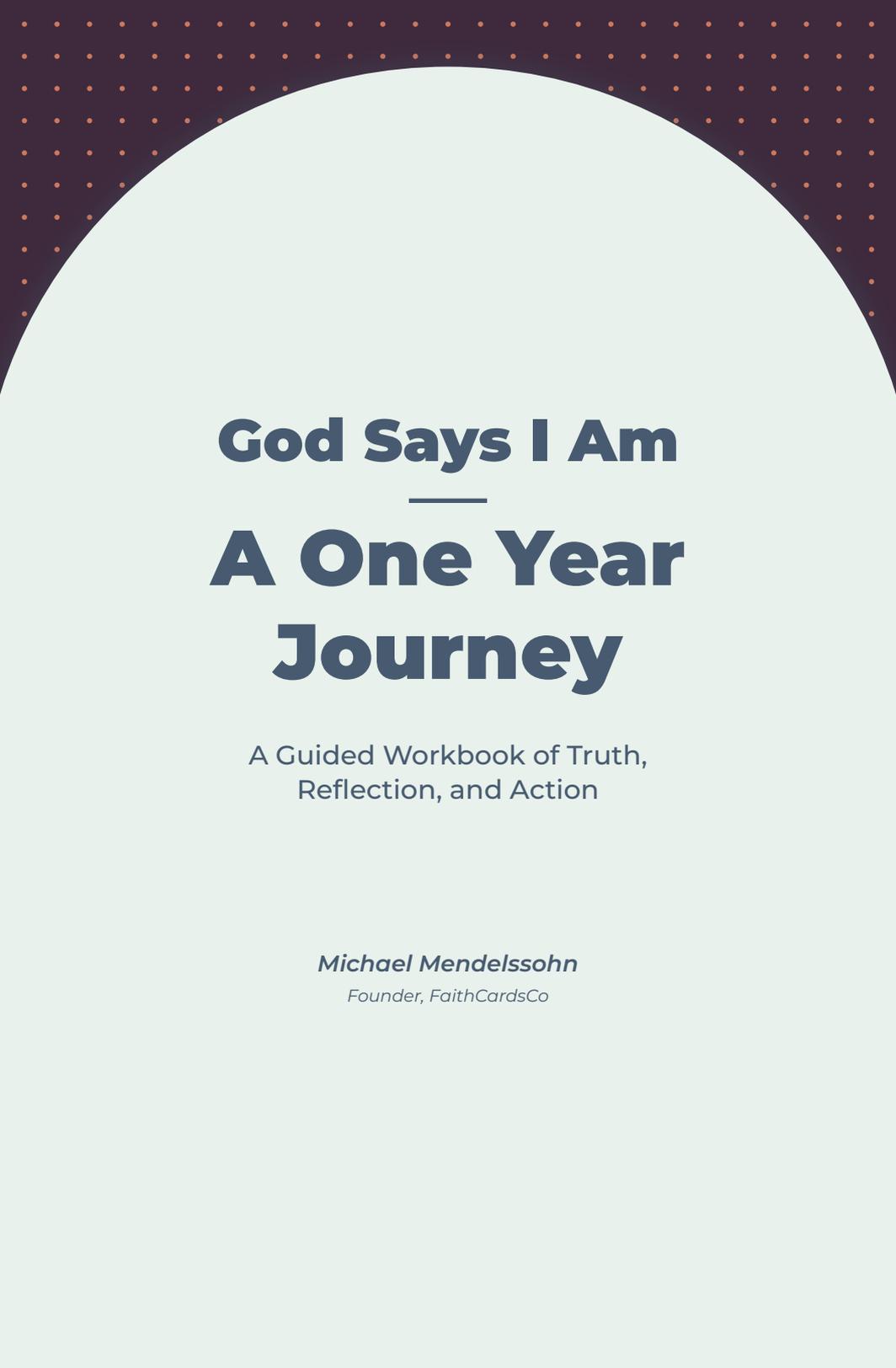
TRUEABOUTYOU
S E R I E S

God Says I Am — **A One Year** **Journey**

A Guided Workbook of Truth,
Reflection, and Action

Michael Mendelssohn

Founder, FaithCardsCo



God Says I Am
—
**A One Year
Journey**

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**“ What do I most want
to believe is true about
who I am? ”**

...

**“ What thoughts or labels
about myself am I ready
to let go of? ”**

...

**“ If I could rewrite
the way I see myself, what
would I write? ”**



TRUEABOUTYOU

GOD SAYS I AM

A devotional workbook to help you reconnect with God's truth when emotions feel overwhelming.



Identity & Worth

Light within; chosen and seen



Healing & Struggles

Broken and restored with beauty



Purpose & Calling

Calling, direction, holy boldness



Friendship & Belonging

Welcome, connection, mutual belonging



Cliffhangers

Mystery, timing, anticipation

HOW TO USE THIS WORKBOOK

This workbook is designed to guide you through powerful affirmations, Bible verses, and practical actions each week to help you embrace your true identity in Christ.

EACH WEEK, YOU'LL FIND:

An Affirmation

Speak this truth over yourself daily.

A Bible Verse

Read and reflect on this Scripture.

An Action Step

Put your faith into practice in everyday life.

At the end of every four weeks, you'll find Reflection Pages with guided questions and space to write or draw your thoughts. These pages are your opportunity to pause, process, and celebrate your growth.



TRUEABOUTYOU

Dear Reader—and now, Friend

You may not know it yet, but something holy is happening right here. Not because of branding. Not because of clever words. But because **truth—God’s truth—still breaks through**. The world throws names at you: *Not enough. Too much. Unworthy. Unseen*. But your Father has always called you one thing: **Mine**. Chosen. Known. Loved beyond all logic. Called with purpose. This isn’t about performance. Or perfection. This is about remembering what Heaven already says about you.

If you’re tired, may this remind you where your strength comes from. If you’re questioning, may this give your doubt a safe place to breathe. And if you’re running, may it walk quietly beside you until you’re ready to turn back. We don’t pretend to have every answer. But we know this: **His voice always sounds like love**. *TrueAboutYou* was created for moments like this—To interrupt lies with truth. To remind hearts of who they are and whose they are. To help people hear the still, small voice that never stopped calling.

If even one card, one line, one moment brings you closer to that Voice, then every hour spent creating this has been worth it. You are not forgotten. You are not too far gone. You are still, exactly, who He made you to be.

With deep love and reverence,

Michael

Creator, FaithCardsCo
michael@faithcardsco.com
@FaithCardsCo

MONTH 1 | WEEK 1



**YOU ARE
ALREADY ENOUGH**



IDENTITY & WORTH



The world says,
“Do more. Be more. Prove
yourself.” But God says,
“My grace is sufficient for you.”

- 2 Corinthians 12:9

LOOK CLOSER

What lie about your worth
do you keep rehearsing?

LIVE IT OUT

Write a note to yourself:

**“I AM ENOUGH.
BECAUSE HE IS.”**

Post it where you need it most.

MONTH 1 | WEEK 2



**YOU ARE
NOT TOO MUCH**



PURPOSE & CALLING



Your energy, passion, and deep feeling aren't too much. They're exactly right. Designed by a God who knew what He was doing.

- *Psalm 139:14*

LOOK CLOSER

When have you dialed yourself down to make others comfortable?

LIVE IT OUT

This week, bring your full self into a moment. Don't apologize for it.

MONTH 1 | WEEK 3



**YOU ARE
NEVER ALONE**



HEALING & STRUGGLES



Even when it feels like no one understands. Even when the room is full but you still feel unseen. God is right there. Always.

- *Deuteronomy 31:6*

LOOK CLOSER

Where do you feel the most invisible?

LIVE IT OUT

Whisper His name when you feel alone. Just one word.
He hears it.

MONTH 1 | WEEK 4



**WHAT IF
YOUR ANXIETY
DOESN'T MEAN
YOU'RE BROKEN
—BUT BRILLIANT?**



CLIFFHANGER



(Don't miss it.)

See Month 3, Week 3 (Psalm 34:18)

Month 1 in Reflection

Look back before you move forward

This month I'm grateful for...

List the moments, people, or lessons that made an impact.

What I learned about myself...

New insights, shifts in thinking, or truths God is showing me.

One thought or habit I want to carry forward...

Something I want to keep building into my life.

One thought or habit I want to leave behind...

Something I want to release or surrender.

A prayer, verse, or word for the month ahead...

Anchor your next steps in truth.

Doodle / Word Art / Verse

MONTH 2 | WEEK 1



YOU'RE NOT A BURDEN



FRIENDSHIP & BELONGING



God delights in you.
People are better because
you're here. Your presence
isn't too heavy. It's needed.

- *Matthew 11:28-30*

LOOK CLOSER

When did you last feel like you were
“too much to handle”?

LIVE IT OUT

Ask someone you trust
what they see in you.
Just listen.

MONTH 2 | WEEK 2



**YOU ARE ALREADY
LOVED—RIGHT HERE**



IDENTITY & WORTH



Not “when you stop messing up.” Not “when you finally get it together.” Right. Here. Now.

- *Romans 5:8*

LOOK CLOSER

What part of you feels hardest to love?

LIVE IT OUT

Each morning this week, say:

**“GOD LOVES ME RIGHT HERE.
RIGHT NOW.”**

MONTH 2 | WEEK 3



YOUR STORY ISN'T OVER



HEALING & STRUGGLES



If you're still breathing, God's still writing. What feels like an ending might just be a turning point.

- *Philippians 1:6*

LOOK CLOSER

Where have you stopped expecting God to move?

LIVE IT OUT

Write one sentence you hope is true about your future.
Pray it out loud.

MONTH 2 | WEEK 4



YOU WERE BUILT FOR CONNECTION



FRIENDSHIP & BELONGING



You weren't designed to do
life solo. Even Jesus had
community.

- *Ecclesiastes 4:9-10*

LOOK CLOSER

Are you guarding yourself
from connection?

LIVE IT OUT

Reach out to someone. Start
simple. A message. An invite. An
"I was thinking of you."

Month 2 in Reflection

Look back before you move forward

This month I'm grateful for...

List the moments, people, or lessons that made an impact.

What I learned about myself...

New insights, shifts in thinking, or truths God is showing me.

One thought or habit I want to carry forward...

Something I want to keep building into my life.

One thought or habit I want to leave behind...

Something I want to release or surrender.

A prayer, verse, or word for the month ahead...

Anchor your next steps in truth.

Doodle / Word Art / Verse

MONTH 3 | WEEK 1



**GRACE WINS.
EVERY TIME.**



HEALING & STRUGGLES



Shame says: hide. Jesus says: come close. There is nothing grace won't cover—and keep covering.

- *Romans 8:1*

LOOK CLOSER

What are you still trying to earn that Jesus already paid for?

LIVE IT OUT

When guilt creeps in,
speak this out loud:

**“GRACE ALREADY
HANDLED IT.”**

MONTH 3 | WEEK 2



GOD CAN HANDLE YOUR QUESTIONS



FRIENDSHIP & BELONGING



Faith doesn't mean pretending
you don't wonder. Doubt isn't
the opposite of belief—it's
often how belief begins.

- *Jeremiah 33:3*

LOOK CLOSER

What question have you been
afraid to ask God?

LIVE IT OUT

Write it down. No filter.
Pray it as-is.

MONTH 3 | WEEK 3



**MAYBE YOUR
ANXIETY ISN'T
BROKENNESS
—BUT BRILLIANCE**



IDENTITY & WORTH

29



What if your racing mind means
you care deeply? What if your
overthinking is a sign of your
capacity to imagine?

- *Psalm 34:18*

LOOK CLOSER

When have you believed
your emotions disqualified you
from being useful to God?

LIVE IT OUT

Each time anxiety visits,
breathe deeply and say:
**“EVEN THIS CAN BE
HOLY GROUND.”**

MONTH 3 | WEEK 4



**YOU WERE
MADE TO BUILD,
NOT JUST SURVIVE**



PURPOSE & CALLING

31



You weren't born to just make it
to Friday. Dreams that scare you.
Hope that flickers. That's your
calling whispering.

- *Ephesians 2:10*

LOOK CLOSER

What desire in you refuses
to stay quiet?

LIVE IT OUT

Take one baby step this week
—a phone call, a journal page, or a text
to someone who can help you begin.

Month 3 in Reflection

Look back before you move forward

This month I'm grateful for...

List the moments, people, or lessons that made an impact.

What I learned about myself...

New insights, shifts in thinking, or truths God is showing me.

One thought or habit I want to carry forward...

Something I want to keep building into my life.

One thought or habit I want to leave behind...

Something I want to release or surrender.

A prayer, verse, or word for the month ahead...

Anchor your next steps in truth.

Doodle / Word Art / Verse

MONTH 4 | WEEK 1



DIFFERENT ISN'T WRONG



IDENTITY & WORTH



You weren't made to blend in. Your quirks, gifts, and angles make you you. God doesn't do copy-paste.

- 1 Corinthians 12:18

LOOK CLOSER

What part of you have you been hiding?

LIVE IT OUT

Celebrate it this week. Wear what you love. Say what matters. Don't edit your light.

MONTH 4 | WEEK 2



**WHEN GOD IS
SILENT, HE'S STILL
SPEAKING**



CLIFFHANGER

37



(Don't rush past the quiet.
Wait for it.)

See Month 6, Week 1 (Lamentations 3:25–26)

MONTH 4 | WEEK 3



YOU DON'T HAVE TO FIX EVERYONE



FRIENDSHIP & BELONGING



Loving people doesn't
mean solving them. Being
present is more powerful
than perfect advice.

- *Romans 12:15*

LOOK CLOSER

Where are you taking on responsibility
for someone else's healing?

LIVE IT OUT

Offer presence this week instead
of pressure. Just listen.

MONTH 4 | WEEK 4



YOUR PAST DOESN'T DISQUALIFY YOU



HEALING & STRUGGLES



Nothing in your past scares God
away. Your past may shape you.
But it doesn't define you.

- 2 Corinthians 5:17

LOOK CLOSER

What mistake still whispers
“disqualified” in your mind?

LIVE IT OUT

Write it down. Then write this over
it: Redeemed. Rip the paper in half.

Month 4 in Reflection

Look back before you move forward

This month I'm grateful for...

List the moments, people, or lessons that made an impact.

What I learned about myself...

New insights, shifts in thinking, or truths God is showing me.

One thought or habit I want to carry forward...

Something I want to keep building into my life.

One thought or habit I want to leave behind...

Something I want to release or surrender.

A prayer, verse, or word for the month ahead...

Anchor your next steps in truth.

Doodle / Word Art / Verse

MONTH 5 | WEEK 1



YOU BRING VALUE TO THE ROOM



IDENTITY & WORTH



When you show up, something
shifts. You're not invisible.
You're essential.

- *Matthew 5:14*

LOOK CLOSER

Where have you been doubting
your presence matters?

LIVE IT OUT

Ask someone you trust, "What do I
bring into a room?" Receive it.

MONTH 5 | WEEK 2



GOD ISN'T ROLLING HIS EYES AT YOU



HEALING & STRUGGLES



Even on your messiest days, God isn't annoyed or impatient. He's compassionate. He's staying.

- *Psalm 103:13-14*

LOOK CLOSER

How do you imagine God feels about you when you fail?

LIVE IT OUT

Next time you mess up,
say out loud:

**“EVEN THIS CAN BE
HOLY GROUND.”**

MONTH 5 | WEEK 3



**YOU WERE NEVER
MEANT TO COMPETE
FOR LOVE**



FRIENDSHIP & BELONGING



God's love isn't a spotlight you earn. You don't have to perform, pretend, or compare.

- *John 13:34-35*

LOOK CLOSER

Where have you been competing instead of connecting?

LIVE IT OUT

Celebrate someone else this week, even if it stings a little.
That's freedom growing.



**GOD SEES THE PART
OF YOU YOU'RE
HIDING. AND HE
STILL STAYS.**





You don't have to perform healing.
You don't have to fake peace.
God loves the scared, angry,
weary version too.

- *1 Samuel 16:7*

LOOK CLOSER

What part of your life are you
hiding from even God?

LIVE IT OUT

Be honest with Him about it
this week. Pray without polish.

Month 5 in Reflection

Look back before you move forward

This month I'm grateful for...

List the moments, people, or lessons that made an impact.

What I learned about myself...

New insights, shifts in thinking, or truths God is showing me.

One thought or habit I want to carry forward...

Something I want to keep building into my life.

One thought or habit I want to leave behind...

Something I want to release or surrender.

A prayer, verse, or word for the month ahead...

Anchor your next steps in truth.

Doodle / Word Art / Verse

MONTH 6 | WEEK 1



GOD WORKS IN THE WAITING



HEALING & STRUGGLES



Silence doesn't mean absence.
Growth happens underground
before it breaks the surface.

- *Lamentations 3:25-26*

LOOK CLOSER

Where have you been assuming
God has gone quiet?

LIVE IT OUT

Spend five minutes a day
this week in total silence. Ask
God to speak anyway.

MONTH 6 | WEEK 2



BEING SENSITIVE ISN'T A WEAKNESS



IDENTITY & WORTH

57



Your sensitivity is not a flaw.
It's empathy. Awareness.
Spirit-tuned wiring.

- *Romans 12:15*

LOOK CLOSER

Where have you tried to “toughen up”
something God made tender?

LIVE IT OUT

Let your feelings show this week
—without apology.

MONTH 6 | WEEK 3



**YOU DON'T HAVE
TO UNDERSTAND
TO TRUST**



HEALING & STRUGGLES



It's okay to not have all the answers. God's love isn't fragile. It can carry your confusion.

- *Proverbs 3:5-6*

LOOK CLOSER

What part of your story doesn't make sense right now?

LIVE IT OUT

Speak this aloud:

**“ I DON'T GET IT... BUT
I'M STILL CHOOSING
TO TRUST. ”**

MONTH 6 | WEEK 4



YOU AREN'T BEHIND



PURPOSE & CALLING



You're not late to your purpose.
God's timing is personalized,
not pressured.

- *Ecclesiastes 3:11*

LOOK CLOSER

Who or what are you comparing
your pace to?

LIVE IT OUT

Take one step this week without
looking sideways.

Month 6 in Reflection

Look back before you move forward

This month I'm grateful for...

List the moments, people, or lessons that made an impact.

What I learned about myself...

New insights, shifts in thinking, or truths God is showing me.

One thought or habit I want to carry forward...

Something I want to keep building into my life.

One thought or habit I want to leave behind...

Something I want to release or surrender.

A prayer, verse, or word for the month ahead...

Anchor your next steps in truth.

Doodle / Word Art / Verse

MONTH 7 | WEEK 1



**WHAT IF
YOU'RE STRONGER
THAN YOU THINK?**



CLIFFHANGER

65



(Hold that thought.)

See Month 8, Week 3 (Luke 15:20)

MONTH 7 | WEEK 2



**YOU
WERE CHOSEN
ON PURPOSE**



IDENTITY & WORTH



Not because you were the best
or the brightest. Not because
you earned it. Because God
delights in choosing people
the world overlooks.

- *Isaiah 43:1*

LOOK CLOSER

When do you feel replaceable?

LIVE IT OUT

Every time that voice
shows up this week, say:

“ I AM CHOSEN. PERIOD. ”

MONTH 7 | WEEK 3



YOU'RE ALLOWED TO REST



HEALING & STRUGGLES



Rest is not laziness. Jesus took naps in storms. You're not required to be constantly productive to be loved.

- *Matthew 11:28*

LOOK CLOSER

Where do you feel guilty for slowing down?

LIVE IT OUT

Schedule one moment of real rest this week. Protect it.

MONTH 7 | WEEK 4



**YOU'RE A
PEACEMAKER, NOT
A PEACEKEEPER**



FRIENDSHIP & BELONGING



Keeping the peace means stuffing
your truth. Making peace means
bringing light into the dark.

- *Matthew 5:9*

LOOK CLOSER

Where have you been quiet when
your voice could help?

LIVE IT OUT

Speak truth with kindness in
one situation this week.

Month 7 in Reflection

Look back before you move forward

This month I'm grateful for...

List the moments, people, or lessons that made an impact.

What I learned about myself...

New insights, shifts in thinking, or truths God is showing me.

One thought or habit I want to carry forward...

Something I want to keep building into my life.

One thought or habit I want to leave behind...

Something I want to release or surrender.

A prayer, verse, or word for the month ahead...

Anchor your next steps in truth.

Doodle / Word Art / Verse

MONTH 8 | WEEK 1



GOD'S GRACE DOESN'T WEAR OUT



HEALING & STRUGGLES



There is no “three strikes
and you’re out.” Only mercy.
Fresh every morning.

- *Lamentations 3:22–23*

LOOK CLOSER

What old mistake are you still
letting define your today?

LIVE IT OUT

Each time anxiety visits,
breathe deeply and say:
**“EVEN THIS CAN BE
HOLY GROUND.”**



**THE ENEMY
WHISPERS “WHO
DO YOU THINK YOU
ARE?” — BUT GOD
WHISPERS BACK,
“MINE.”**





Your identity isn't something you
earn. It's something God gives.
And He says you belong.

- 1 John 3:1

LOOK CLOSER

What voice has been the loudest
this week—truth or fear?

LIVE IT OUT

Every morning, whisper:
" I BELONG. I'M HIS. "
Watch how your day shifts.

MONTH 8 | WEEK 3



YOU'RE NEVER TOO FAR



HEALING & STRUGGLES



You thought you had to climb back to God. But He's already running toward you. There's no such thing as "too far gone."

- *Luke 15:20*

LOOK CLOSER

What's the story you tell yourself about why God should keep His distance?

LIVE IT OUT

Say out loud this week:

**" HE STILL WANTS ME.
EVEN HERE. "**

MONTH 8 | WEEK 4



**SHARING
YOUR STORY SETS
SOMEONE ELSE
FREE**



FRIENDSHIP & BELONGING



What you've walked through might be the exact light someone else needs. Courage is contagious.

- *Revelation 12:11*

LOOK CLOSER

What part of your story have you kept quiet that could help someone else feel less alone?

LIVE IT OUT

Share one piece of your story with someone you trust. Let courage do what it does best—spread.

Month 8 in Reflection

Look back before you move forward

This month I'm grateful for...

List the moments, people, or lessons that made an impact.

What I learned about myself...

New insights, shifts in thinking, or truths God is showing me.

One thought or habit I want to carry forward...

Something I want to keep building into my life.

One thought or habit I want to leave behind...

Something I want to release or surrender.

A prayer, verse, or word for the month ahead...

Anchor your next steps in truth.

Doodle / Word Art / Verse



**YOU DON'T HAVE
TO KNOW HOW
IT ENDS TO TAKE
THE NEXT STEP**





God leads in steps, not spotlights.
Take the step—and trust He’s
already ahead of you.

- *Hebrews 11:8*

LOOK CLOSER

What have you been waiting to start
until it “makes sense”?

LIVE IT OUT

Do one bold thing this week
—even if it’s only 10% certain.

MONTH 9 | WEEK 2



**NOT EVERY DOOR
THAT CLOSES IS
A FAILURE**



HEALING & STRUGGLES



Sometimes God closes a door
to protect or redirect. Sometimes
because He has something better
—but not yet.

- *Romans 8:28*

LOOK CLOSER

What door are you still trying
to pry back open?

LIVE IT OUT

Declare it closed. Bless it.
Then take a step forward.

MONTH 9 | WEEK 3



**YOU CAN BE A MESS
AND STILL BE A
MIRACLE**



CLIFFHANGER

89



(Miracles don't always look tidy.)

See Next Week (Isaiah 61:3)

MONTH 9 | WEEK 4



**WHEN GOD
REBUILDS, HE
STARTS WITH THE
FOUNDATION**



HEALING & STRUGGLES



Sometimes He doesn't patch the broken thing—He starts new. He's not done. He's just digging deeper.

- *Isaiah 61:3*

LOOK CLOSER

Where have you been asking God to patch something He wants to rebuild?

LIVE IT OUT

Give God permission this week to start at the foundation. Pray:

“YOU CAN HAVE IT ALL.”

Month 9 in Reflection

Look back before you move forward

This month I'm grateful for...

List the moments, people, or lessons that made an impact.

What I learned about myself...

New insights, shifts in thinking, or truths God is showing me.

One thought or habit I want to carry forward...

Something I want to keep building into my life.

One thought or habit I want to leave behind...

Something I want to release or surrender.

A prayer, verse, or word for the month ahead...

Anchor your next steps in truth.

Doodle / Word Art / Verse

MONTH 10 | WEEK 1



YOU'RE NOT INVISIBLE TO GOD



FRIENDSHIP & BELONGING



When others overlook you, God
leans in. He saw you first. And
He never looks away.

- *Genesis 16:13*

LOOK CLOSER

Where have you been feeling unseen?

LIVE IT OUT

Read Psalm 139 aloud this week.
Slowly. Out loud. To yourself.

MONTH 10 | WEEK 2



**YOUR OBEDIENCE IS
MORE POWERFUL
THAN YOUR TALENT**



PURPOSE & CALLING

97



God isn't asking for your resume.
He's asking for your yes.

- 1 Samuel 15:22

LOOK CLOSER

Where are you overthinking
what God just asked you to do?

LIVE IT OUT

Choose obedience over polish
this week. Say yes.

MONTH 10 | WEEK 3



**YOU DON'T HAVE TO
PROVE YOURSELF
TO BE WORTHY**



IDENTITY & WORTH



You're already enough because
you're already loved.

- *Galatians 2:21*

LOOK CLOSER

What are you chasing that's chasing
you back into exhaustion?

LIVE IT OUT

This week, stop striving in one
area—and just rest there.

MONTH 10 | WEEK 4



**GOD TRUSTED YOU
WITH THIS LIFE
ON PURPOSE**



PURPOSE & CALLING

101



God knew the world would need
you—here, now, as you are.

- *Esther 4:14*

LOOK CLOSER

What part of your life feels
like “too much” for you?

LIVE IT OUT

Speak this over yourself:

**“GOD PICKED ME FOR THIS.
SO HE’LL WALK WITH ME
THROUGH IT.”**

Month 10 in Reflection

Look back before you move forward

This month I'm grateful for...

List the moments, people, or lessons that made an impact.

What I learned about myself...

New insights, shifts in thinking, or truths God is showing me.

One thought or habit I want to carry forward...

Something I want to keep building into my life.

One thought or habit I want to leave behind...

Something I want to release or surrender.

A prayer, verse, or word for the month ahead...

Anchor your next steps in truth.

Doodle / Word Art / Verse

MONTH 11 | WEEK 1



**WHAT IF THIS
SEASON ISN'T A
SETBACK,
BUT A SETUP?**



CLIFFHANGER

105



(It's not over yet.)

See Next Week (2 Corinthians 4:17)

MONTH 11 | WEEK 2



GOD USES BROKEN THINGS TO BUILD BEAUTIFUL ONES



HEALING & STRUGGLES

107



Even shattered pieces become
mosaics in His hands.

- *2 Corinthians 4:17*

LOOK CLOSER

Where have you called something
wasted that God may be calling useful?

LIVE IT OUT

Write down one hard thing
God has already redeemed
—and thank Him for it.

MONTH 11 | WEEK 3



**GOD DOESN'T NEED
YOU TO BE "READY."
JUST WILLING**



PURPOSE & CALLING

109



You'll never feel fully prepared.
But God isn't asking for polish.
He's asking for participation.

- *Exodus 4:10-12*

LOOK CLOSER

What are you waiting to start
until you feel qualified?

LIVE IT OUT

Start before you feel ready.
Take the next brave step.

MONTH 11 | WEEK 4



**YOU AREN'T
FORGOTTEN.
YOU'RE FAVORED**



HEALING & STRUGGLES

111



It might feel like heaven's gone quiet. But God hasn't lost track of your prayers—or your purpose.

- *Isaiah 49:15–16*

LOOK CLOSER

What “delay” have you mistaken for disinterest?

LIVE IT OUT

Speak this aloud:

**“ I AM NOT FORGOTTEN.
I AM SEEN AND LOVED. ”**

Month 11 in Reflection

Look back before you move forward

This month I'm grateful for...

List the moments, people, or lessons that made an impact.

What I learned about myself...

New insights, shifts in thinking, or truths God is showing me.

One thought or habit I want to carry forward...

Something I want to keep building into my life.

One thought or habit I want to leave behind...

Something I want to release or surrender.

A prayer, verse, or word for the month ahead...

Anchor your next steps in truth.

Doodle / Word Art / Verse

MONTH 12 | WEEK 1



**YOU'RE STILL
LEARNING—AND
THAT'S OKAY**



IDENTITY & WORTH

115



Growth takes time. Mistakes
are not your identity.

- *Philippians 1:6*

LOOK CLOSER

When do you feel replaceable?

LIVE IT OUT

Replace one apology this week
with self-compassion.

MONTH 12 | WEEK 2



**YOU ARE
GOD'S PLAN A.**



PURPOSE & CALLING

117



There is no backup version of you.
You're not a placeholder. You're a
masterpiece in motion.

- *Ephesians 2:10*

LOOK CLOSER

What calling feels too big for you?

LIVE IT OUT

Say this aloud:

**“GOD, IF YOU CALLED ME
TO IT, I TRUST YOU’LL WALK
ME THROUGH IT.”**



**THE WAY YOU
LOVE PEOPLE
MATTERS MORE
THAN YOU KNOW**





The text you sent. The patience
you showed. It's kingdom work
—quiet, holy, powerful.

- *Galatians 5:14*

LOOK CLOSER

Where have you underestimated
your daily impact?

LIVE IT OUT

Leave someone an encouraging note,
text, or voicemail this week.

MONTH 12 | WEEK 4



**NOTHING CAN
SEPARATE YOU
FROM HIS LOVE**



HEALING & STRUGGLES

121



Not fear. Not failure. Not even
that thing you never talk about.
His love is louder.

- *Romans 8:38–39*

LOOK CLOSER

What lie have you believed
about being unlovable?

LIVE IT OUT

Read Romans 8:38–39 this week—out
loud, slowly, like it was written to you.

Month 12 in Reflection

Look back before you move forward

This month I'm grateful for...

List the moments, people, or lessons that made an impact.

What I learned about myself...

New insights, shifts in thinking, or truths God is showing me.

One thought or habit I want to carry forward...

Something I want to keep building into my life.

One thought or habit I want to leave behind...

Something I want to release or surrender.

A prayer, verse, or word for the month ahead...

Anchor your next steps in truth.

Doodle / Word Art / Verse



**YOU'RE ALLOWED
TO CELEBRATE
PROGRESS, NOT
JUST FINISH LINES**





Your growth deserves celebration
—even if it’s still messy.

- *Zechariah 4:10*

LOOK CLOSER

Where have you minimized
a real win in your life?

LIVE IT OUT

Tell someone:

“THIS MATTERED TO ME.”

Let them celebrate with you.



**WHO YOU ARE
BECOMING MATTERS
MORE THAN WHAT
YOU'RE ACHIEVING**





You weren't born to just make it
to Friday. Dreams that scare you.
Hope that flickers. That's your
calling whispering.

- 1 Samuel 16:7

LOOK CLOSER

God treasures character more
than performance.

LIVE IT OUT

What "success" have you been
chasing that leaves you empty?

BONUS MONTH 1 | WEEK 3



GOD'S NOT DONE



HEALING & STRUGGLES

129



Not done with you. Not done with
your story. Not done with what He
started in your soul.

- *Philippians 1:6*

LOOK CLOSER

What would you do differently if you
really believed God was still working?

LIVE IT OUT

Speak it aloud:

**“ HE’S NOT DONE.
I’M STILL BECOMING ”**

BONUS MONTH 1 | WEEK 4



**THE TRUTH ABOUT
YOU WILL ALWAYS
SOUND LIKE LOVE**



IDENTITY & WORTH

131



Then you will know the truth, and
the truth will set you free.

- *John 8:32*

LOOK CLOSER

Where in your life are you confusing
shame with truth?

LIVE IT OUT

Each day this week, write down
one thing God says is true about you.
Speak it out loud—even if it feels
hard to believe.

Bonus Month 1 in Reflection

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Doodle / Word Art / Verse

The Last Word

I am not my thoughts.

I am not my feelings.

I am not my past.

I am not my mistakes.

I AM chosen, loved, forgiven,
adopted, protected, and heard.

I AM worthy, valuable, purposeful, called,
equipped, capable, and celebrated.

I AM gifted, anointed, sent, empowered, fruitful,
influential, and commissioned.

I AM an overcomer, renewed, transformed, radiant,
confident, whole, and complete.

**I AM WHO GOD SAYS I AM,
and that will never change.**

The Next Beginning

BUT THIS IS NOT THE END

It's the beginning of carrying God's truth into your everyday life—your morning mirror, your workday mindset, your midnight worries. Let it shape how you speak to yourself and how you speak into others.

And don't keep it to yourself. Someone in your life needs this truth as much as you did. Share it. Invite them in. That's how the story multiplies.

YOU ARE NOT ALONE

We are praying over you and cheering you on.

When you're ready, join the community that's forming around this movement.

You'll find more resources, encouragement, and real people walking the same road at godsaysiam.com

» **Stay connected at godsaysiam.com**

“

...to bestow on them a crown of beauty instead of ashes, the oil of joy instead of mourning, and a garment of praise instead of a spirit of despair. They will be called oaks of righteousness, a planting of the Lord for the display of his splendor.

”

- *Isaiah 61:3 (NIV)*

MISSION

FaithCardsCo equips the next generation to see themselves as God sees them—replacing self-criticism with biblical truth through beautiful, practical resources.

VISION

To see a generation grounded in God's truth about their identity, living with unshakable confidence and passing that truth on to those they lead, love, and influence.

VALUES

Truth, Impact, Beauty, Access,
Community, Consistency.



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