

TIMEWAVER COACHING REPORT

# Sarah

Coaching Session · March 25, 2026

*Focus: Partnership*

## A PERSONAL OPENING

Dear Sarah,

Your session today opened a window into something deeply human — the longing to feel truly met in partnership, to move beyond the isolation that work and ambition can quietly create, and to return to the sacred ground of togetherness. The Information Field heard that longing clearly. What follows is a reflection of what emerged.

## YOUR FOCUS TODAY

**Primary Focus:** *Partnership*  
**Secondary Field:** *Professional Fulfilment*  
**Session Date:** March 25, 2026

## WHAT YOU KNOW ABOUT YOURSELF

The coaching questions invited you to look directly at what matters to you. Your answers reveal someone who is honest, self-aware, and genuinely ready to shift.

QUESTION	YOUR ANSWER
In five years...	<i>We spend every year more time together and really take that time for us — without distraction.</i>
If I achieve this goal, I feel...	<i>Like a team again. Feeling connected again, protected.</i>
Feedback from others...	<i>Too much focused on myself and career.</i>
My current priorities...	<i>Finding our sacred space together and creating beautiful memories.</i>
A concrete first step...	<i>I do my inner work — connecting to God, every day for 10 minutes.</i>

What is striking in your conscious self-assessment is the clarity of your longing: you want presence, not just proximity. You want to be a team — and you already sense that the path there begins with your own inner work.

## WHAT THE INFORMATION FIELD SHOWS

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The Information Field was analysed across two themes — Partnership and Professional Fulfilment — both active on March 25, 2026. Together they paint a coherent picture. All entries operate at the Consciousness (Cn) level, meaning the field is addressing patterns that influence Sarah's inner landscape, not just surface behaviours.

*Positive relevance = active, conscious themes. · Background relevance = patterns working below the surface.*

### Field 1 — Partnership

The partnership field shows a clear relevance cluster between 86 % and 73 %, with no significant drop until below 73 %. All seven entries in this band carry equal weight.

The highest entry at 86% (Pot. C 24) — Reflection on past and present — sits at the Karmic level. The field is pointing to unconscious patterns carried from the past that currently shape how Sarah relates in partnership. This is a background theme: Sarah may not directly feel this as a past wound, yet it quietly colours expectations and responses.

Directly below, at 84% (Pot. D 1E24), appears Scleranthus (Bach Flower Remedy No. 28) — a remedy for inconsistency, fluctuating moods, and inner instability. The ancestral potency 1E24 is striking: this pattern of internal imbalance may carry a transgenerational dimension, reaching across family lines rather than being a purely personal trait. The complementary essences named — Ravansara, Rhodonite, Romana Orchid — all support grounding and inner coherence.

Crab Apple (78%, Pot. D 6) adds a layer of inner cleansing — a sense of something needing to be purified or released. In the context of partnership, this can reflect shame, self-disgust, or a feeling of not being 'good enough' as a partner. This theme is largely unconscious.

Eucalyptus oil (75%, Pot. C 3) at the mental/emotional level suggests a need for clarity and breathing space within the relationship. Eucalyptus energetically supports clearing what is stale and creating room for fresh connection.

Three karmic-level entries (Mindfulness in media choice 77%, Conscious recognition of creativity 75%, Promote self-reflection 73%) reinforce the same red thread: Sarah is being invited to become more intentional — in what she consumes, how she expresses herself, and how honestly she looks at her own patterns. The field treats self-reflection not as a luxury but as a relational act.

### Field 2 — Professional Fulfilment

The professional fulfilment field reveals something equally important: the deepest entries here are not about career strategy — they are about the relationship to the divine and to consciousness itself.

The field's strongest signal (80%, Pot. D 15) is a consciousness blockage: the relationship to the divine is not optimal. This is an active, conscious theme. It aligns directly with Sarah's stated action: 'I do my inner work, connecting to God, every day for 10 minutes.' The field is validating what Sarah already senses — this is the foundation.

Prayer and inner silence follow at 77% (Pot. C 10,000) — a deep emotional/mental-level call to move from doing to listening. This is paired with a significant relevance drop after entry 9 (from 62% downward), suggesting that entries 1-9 are the primary focus and entries 10-12 are supplementary context.

Entries 3-8 circle around the karmic level — mindful action, self-talk analysis, karma cycle awareness — indicating that Sarah's professional dissatisfaction is not primarily about external circumstances but about the internal narratives and unconscious identifications she carries. Three consciousness blockages appear explicitly: identification with social norms (74%), resentment (73%), and limitations (72%). These are unconscious background patterns, operating below everyday awareness.

At 62% (Pot. D 1E12), Devotion of the heart appears — with an ancestral potency. The willingness to love and to extend that love beyond oneself may have a lineage dimension, something to be consciously reclaimed.

## THE RED THREAD

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### ***Both fields converge on one truth:***

The quality of Sarah's outer relationships — with her partner, with her work — is a direct reflection of her inner relationship: with herself, with the divine, and with the deeper patterns she carries. The field is not asking Sarah to fix her partnership or her career. It is asking her to come home to herself.

The blind spot: Sarah can see that she has been 'too focused on career' — she receives this feedback consciously. What she may not yet fully see is the ancestral weight behind the inconsistency (Scleranthus, 1E24) and the resentment blockage (73%) — these are the invisible forces that make genuine presence in partnership difficult, regardless of intention.

## YOUR HARMONISATION THEMES

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The following entries are being actively harmonised in the Information Field during your harmonisation period (March 25 - April 22, 2026). They are presented in descending order of relevance.

#	Rel.	Potency	Theme · Causal Level · Insight
1	86%	C 24	<b>Reflection on Past &amp; Present</b> <b>KARMIC</b> · Background / Unconscious How past experiences shape current relational patterns — an invitation to witness without judgement.
2	84%	D 1E24	<b>Scleranthus (Bach #28)</b> <b>ANCESTRAL</b> · Background / Unconscious Restoring inner balance and consistency; a transgenerational pattern of fluctuating moods and inner instability.
3	80%	D 15	<b>Relationship to the Divine</b> <b>CONSCIOUSNESS</b> · Active / Conscious A recognised blockage — the connection to higher guidance is not fully open. Sarah is already working on this.
4	78%	D 6	<b>Crab Apple (Bach #10)</b> <b>MENTAL</b> · Background / Unconscious Inner cleansing and a sense of purity. Releasing shame or self-rejection in the context of partnership.
5	77%	LM XII	<b>Mindfulness in Media Choice</b> <b>KARMIC</b> · Background / Unconscious How unconscious media consumption shapes thoughts and actions in relationship.
6	77%	C 10,000	<b>Prayer &amp; Inner Silence</b> <b>CONSCIOUSNESS</b> · Active / Conscious Creating space to receive guidance — from doing to listening. A deep soul-level longing.
7	75%	C 18	<b>Conscious Recognition of Creativity</b> <b>KARMIC</b> · Background / Unconscious Expressing the authentic self as a pathway back to the inner nature and to genuine meeting.
8	75%	C 3	<b>Eucalyptus Oil</b> <b>MENTAL</b> · Background / Unconscious Emotional clarity and spaciousness — clearing what is stale to allow fresh connection.
9	74%	LM XII	<b>Unconscious Identification with Social Norms</b> <b>CONSCIOUSNESS</b> · Background / Unconscious Background blockage: conforming to external expectations at the cost of authentic being.

**Potency commentary:**

<b>D (Material)</b>	Entries 3, 4, 8 carry D-potencies, indicating the field is working on physically grounding these themes — the body and daily life are the arena.
<b>C (Emotional / Mental)</b>	The majority of entries are C-potencies, pointing to the emotional and mental levels as primary areas of harmonisation.
<b>LM (Consciousness)</b>	Entries 5 and 9 at LM potency indicate patterns operating at the highest individual consciousness level — deep belief structures.
<b>1E24 (Ancestral)</b>	Entry 2 (Scleranthus) at 1E24 marks a transgenerational theme: this pattern may be inherited across generations and is being addressed at that depth.

**YOUR ACTION PLAN**

Your action plan was set on March 25, 2026, with a harmonisation window running through April 22, 2026. The field identified and locked in one powerful intention:

**"I do my inner work, connecting to God, every day for 10 minutes."**

Potency: LM XXX · Intensity: 8 · Relevance: 100%

LM XXX is the highest potency within the consciousness scale — it places this intention at the apex of individual awareness. The 100% relevance and intensity 8 confirm: the field regards this as the single most important action available to Sarah right now. Not a strategy. Not a relationship technique. A daily act of inner alignment.

From the Discover Possibilities module, two additional intentions are being harmonised in the background:

COACHING QUESTION	INTENTION BEING HARMONISED
How could you make better use of your time?	<i>I find time to do inner work.</i>
What long-term strategies could help you?	<i>I feel my partner in our conversation.</i>

**GENTLE RECOMMENDATIONS**

The Information Field is already working. These suggestions are designed to support and deepen what is being harmonised — not to add pressure, but to open space.

<b>Daily inner work</b>	Honour the 10-minute commitment you named. It does not need to be perfect — it needs to be consistent. Silence, prayer, breathing, or simply being still with intention all qualify.
<b>Bach Flower Support</b>	Consider working with Scleranthus (Bach No. 28) — for inner balance and consistency — and Crab Apple (Bach No. 10) for emotional cleansing. These are the two remedies specifically identified by the field.
<b>Eucalyptus oil</b>	The field highlighted Eucalyptus oil as a supportive element for mental and emotional clarity. This can be used aromatically during quiet time.
<b>Screen-free time with your partner</b>	The field's reference to mindful media choice points to distraction as a real obstacle. Creating a short daily ritual free of devices — however brief — creates the sacred space you described.
<b>Ancestral awareness</b>	The 1E24 potency on Scleranthus suggests this pattern of inner inconsistency may run deeper than one life. If you feel drawn to it, ancestral healing work or family constellation could be a valuable companion to your inner practice.

*With care and clarity,*  
**Your TimeWaver Practitioner**

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**DISCLAIMER**

The analysis and harmonisation in the Information Field is not intended to cure, treat, mitigate, diagnose or prevent any disease or medical condition. It is intended to give the professional practitioner the option, in a holistic context, to derive helpful information from findings from the Information Field. Information from the TimeWaver system should always be critically questioned and, if necessary, verified with further procedures. Use of TimeWaver products, programmes or information is at the user's own risk and subject to their professional judgement.