

Questions to Ask at Your Breast Augmentation Consultation

A Patient Guide by Ryan Plastic Surgery | Dr. Sangmun Choi

About the Surgeon

- ☐ Are you board-certified in plastic surgery?
- ☐ How many breast augmentation procedures have you performed?
- ☐ How many Motiva Preservé cases have you personally performed?
- ☐ Where did you receive your Preservé training?
- ☐ Are you a recognized Motiva Key Opinion Leader (KOL)?
- ☐ Will you personally perform my surgery from start to finish?

About the Technique

- ☐ What surgical approach do you recommend for my anatomy?
- ☐ Why do you recommend the Preservé technique for me specifically?
- ☐ What is the difference between Preservé and traditional breast augmentation?
- ☐ What type of incision will you use, and why?
- ☐ Will the implant be placed above or below the muscle?

About the Implants

- ☐ What implant brand and model do you recommend?
- ☐ What size range do you suggest for my frame and goals?

- ☐ What is the difference between round and anatomical implants?
- ☐ What surface technology does the implant use?
- ☐ What warranty coverage does the implant manufacturer provide?

About Risks and Recovery

- ☐ What are the most common complications?
- ☐ What is your personal complication rate?
- ☐ What is the expected recovery timeline?
- ☐ When can I return to work and normal activities?
- ☐ What are the signs of a problem I should watch for?
- ☐ What happens if I need a revision?

About the Facility

- ☐ Is your operating room accredited?
- ☐ Will a board-certified anesthesiologist be present?
- ☐ What emergency protocols are in place?
- ☐ Is there operating room CCTV?

About Aftercare

- ☐ How many follow-up appointments are included?
- ☐ What is your aftercare monitoring program?
- ☐ How can I reach you or your team after hours?
- ☐ What if I have concerns months or years after surgery?
- ☐ Do you provide remote consultations for international patients?

About Results

- ☐ Can you show me a range of before/after results (not just the best ones)?
 - ☐ What results are realistic for my body type?
 - ☐ What limitations should I be aware of?
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Tips for Your Consultation:

1. Bring this checklist and take notes during your appointment
 2. Don't feel pressured to make an immediate decision
 3. A good surgeon welcomes questions and answers them clearly
 4. Trust your instincts — if something feels wrong, seek a second opinion
 5. Verify credentials independently through official sources
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*Prepared by Ryan Plastic Surgery, Seoul, Korea Dr. Sangmun Choi — Motiva Global KOL
/ ISAPS Member Website: goodbyeacup.com*